

**Summary Table for Scottsbluff County Health Department 2009-2010**

Indicators	Overall						Men						Women					
	<u>LHD</u>			<u>State</u>			<u>LHD</u>			<u>State</u>			<u>LHD</u>			<u>State</u>		
	%	L %	U %	%	L %	U %	%	L %	U %	%	L %	U %	%	L %	U %	%	L %	U %
<b>Health Care Access</b>																		
No health care coverage, 18-64 years old	16.2	12.5	19.9	15.8	14.6	17.1	15.4	8.9	21.8	16.6	14.7	18.4	17.0	13.1	21.0	15.1	13.4	16.8
Could not see a doctor in past year due to cost	12.5	9.7	15.3	10.9	10.0	11.7	10.5	6.5	14.4	9.2	8.0	10.4	14.3	10.4	18.1	12.5	11.2	13.7
Visited a doctor for a routine checkup in past year	54.4	50.4	58.3	58.0	56.8	59.3	50.6	43.9	57.3	51.3	49.4	53.2	57.6	53.2	62.0	64.5	63.0	66.1
<b>Cardiovascular Disease</b>																		
Ever told had a heart attack	6.2	4.4	7.9	3.7	3.4	3.9	10.0	6.3	13.7	4.9	4.5	5.3	2.8	1.8	3.8	2.5	2.2	2.7
Ever told had angina or coronary heart disease	4.1	3.1	5.1	3.9	3.5	4.2	6.2	4.3	8.2	4.6	4.2	5.0	2.2	1.5	3.0	3.1	2.7	3.6
Ever told had a stroke	3.3	2.3	4.3	2.3	2.1	2.6	3.5	1.7	5.3	2.3	1.9	2.7	3.0	2.0	4.1	2.4	2.1	2.7
Ever told blood pressure was high	29.9	25.7	34.2	27.1	25.9	28.4	31.4	23.8	39.0	29.0	26.9	31.1	28.6	24.0	33.3	25.3	23.9	26.7
Had cholesterol level checked during past 5 years	74.8	69.2	80.4	73.9	72.1	75.6	73.1	62.9	83.2	72.0	69.3	74.7	76.3	70.9	81.8	75.7	73.4	77.9
Ever told cholesterol was high, among not screened	30.8	26.2	35.3	37.4	35.8	39.0	32.5	24.9	40.0	39.7	37.1	42.3	29.3	23.8	34.8	35.3	33.4	37.2
<b>Overweight and Obesity</b>																		
Overweight (BMI=25.0-29.9)	34.9	31.3	38.5	37.0	35.8	38.1	39.1	32.9	45.4	43.6	41.7	45.4	31.0	26.9	35.0	30.4	29.0	31.8
Obese (BMI=30+)	35.5	31.6	39.4	28.1	27.0	29.1	40.4	33.7	47.0	30.4	28.8	32.1	31.1	26.6	35.5	25.7	24.4	27.0
<b>Fruit / Vegetable Consumption</b>																		
Consumed fruits and vegetables 5+ times per day	21.3	16.4	26.1	21.1	19.8	22.4	22.1	13.0	31.2	15.7	14.0	17.5	20.6	16.3	24.8	26.1	24.3	28.0
<b>Physical Activity (PA)</b>																		
No leisure-time PA in past 30 days	26.3	23.3	29.3	24.5	23.5	25.4	23.5	18.7	28.3	23.1	21.7	24.5	28.8	25.0	32.5	25.8	24.5	27.1
Moderate or vigorous PA in a usual week	47.0	41.3	52.6	47.8	46.1	49.5	54.7	45.4	63.9	48.7	46.1	51.4	40.3	34.4	46.1	46.9	44.7	49.0
Vigorous PA 20+ min/day, 3+ days per week	27.2	21.3	33.1	29.7	28.0	31.4	36.8	26.1	47.6	31.9	29.2	34.5	18.9	14.4	23.4	27.6	25.4	29.8
<b>Alcohol Consumption / Tobacco Use</b>																		
Engaged in binge drinking in the past 30 days	10.4	7.4	13.5	18.7	17.6	19.7	16.3	10.3	22.4	25.2	23.5	26.9	5.3	3.5	7.2	12.5	11.3	13.7
Current smoker (at least some days of the month)	17.4	14.2	20.7	17.0	16.0	18.0	19.7	13.8	25.6	18.4	16.9	19.9	15.5	12.4	18.6	15.6	14.3	16.9
Attempted to quit smoking in past 12 months	58.1	48.3	67.8	56.6	53.4	59.8	64.7	49.7	79.7	54.6	49.9	59.2	50.7	40.2	61.2	59.0	54.7	63.2
<b>Cancer Screening</b>																		
Had a colonoscopy in past two years, 50+	6.3	4.7	7.9	11.8	11.0	12.7	5.5	3.0	8.0	13.1	11.7	14.6	6.9	4.8	9.0	10.7	9.7	11.7
Ever had a prostate cancer screening, male 50+	.	.	.	.	.	.	7.5	4.3	10.7	6.8	5.8	7.8	.	.	.	.	.	.
Had a mammogram in past two years, female 40+	.	.	.	.	.	.	.	.	.	.	.	.	65.4	60.0	70.8	71.5	69.9	73.2
Had a Pap test in past three years, female 18+	.	.	.	.	.	.	.	.	.	.	.	.	65.1	59.3	70.9	73.2	71.2	75.1

Note: % is weighted by health district, gender, and age; L% and U% are the lower and upper limits for the 95% confidence interval, respectively.

LHD=local/district health department; BMI=body mass index